



Alternatives to Nursing Home Care

Program	Basic Eligibility Criteria*	Contact
<p>Assisted Living Program (ALP)</p> <p><i>(Through the Monroe County Dept. of Human Services' Home Care Services Unit)</i></p>	<p style="text-align: center;"><i>*Please contact individual programs for specific information</i></p> <p>An Assisted Living Program (ALP) combines residential and home care services. ALPs require an additional license by an adult home or enriched housing facility may, which allows for Medicaid-funded nursing and home care services. ALPs are not available at all adult homes and enriched housing programs.</p> <p>This program is designed as an alternative to nursing home placement for individuals who require services above and beyond what the adult home or enriched housing program typically provides, allowing residents to receive home health care services in a more independent setting.</p> <p>Services include: room, board, housekeeping, supervision, personal care, case management and home health services.</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Adults age 18-65 years of age and older (depending on type of facility) • Eligible for nursing home level of care • Eligible for Medicaid coverage <p>http://www.health.ny.gov/health_care/medicaid/program/longterm/alps.htm</p>	<p>Assisted Living Programs (ALP) in Monroe County:</p> <p style="text-align: center;">Elderwood (585) 425-9663</p> <p style="text-align: center;">Fairport Baptist Home (585) 377-0350</p> <p style="text-align: center;">Hilton East (585) 392-7171</p> <p style="text-align: center;">Jonathan Child Apartments (585) 436-9462</p> <p style="text-align: center;">Shire at Culverton (585) 467-4544</p> <p style="text-align: center;">Woodcrest Commons (585) 334-1800</p> <p style="text-align: center;"><i>Request for admission is made directly to the facility.</i></p>

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<p>Consumer Directed Personal Assistance Program (CDPAP)</p> <p><i>(Through the Monroe County Dept. of Human Services' Home Care Services Unit)</i></p>	<p>The Consumer Directed Personal Assistance Program (CDPAP) is a statewide Medicaid program that provides services to individuals who have a medical need for help with activities of daily living or skilled nursing services. Recipients have flexibility and freedom in choosing their caregivers, and are responsible to hire, train, supervise and fire personal care aides.</p> <p>State regulations prohibit a spouse or parent from being hired as the CDPAP aide but allow some extended family members such as an adult child, son/daughter-in-law or niece/nephew.</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Adults age 18 and older with a chronic illness or diagnosis • Eligible for nursing home level of care • Eligible for Medicaid coverage • Physician order for services to the local social services district, which then completes a social and nursing assessment • Capable of safely residing in the community <p>http://www.health.ny.gov/health_care/medicaid/program/longterm/cdpap.htm</p>	<p>Department of Human Services Home Care Services Unit (HCSU) Intake Line (supported by Lifetime Care) (585) 214-1470</p>

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Medicaid Managed Long Term Care (MLTC)	<p>Medicaid Managed Long Term Care (MLTC) plans are insurance companies that provide services to chronically ill and disabled Medicaid beneficiaries who need long term care services and support. MLTC plans have provider networks including home care agencies, adult day programs, and other long term care providers. Plan members must choose from providers within a plan’s network. Plans are approved and monitored by the NYS Department of Health. Consumer directed services are available.</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Must have a chronic illness or disability that makes you eligible for services usually provided in a nursing home • Are able to stay safely at home at the time you join the plan • Are expected to need long-term care services for at least 120 days from the date you enroll • Must have approved Medicaid • Meet the age requirement of the plan • Live in the area served by the plan <p>http://www.health.ny.gov/health_care/managed_care/mltc/aboutmltc.htm</p>	<p>Conflict Free Evaluation and Enrollment Center <i>(at NY Medicaid Choice)</i> <i>For evaluation and enrollment assistance for <u>new</u> members</i> 855-222-8350 TTY: 888-329-1546</p> <p>NY Medicaid Choice <i>For assistance to <u>existing</u> members about MLTC plans</i> (888) 401-6582 www.nymedicaidchoice.com</p> <p><i>(Existing MLTC members may also contact a new plan directly to request an assessment.)</i></p>

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Nursing Home Transition and Diversion Medicaid Waiver Program (NHTD)	<p>The Nursing Home Transition and Diversion (NHTD) Medicaid Waiver uses Medicaid funding to provide supports and services to assist individuals with disabilities and seniors toward successful inclusion in the community. Waiver participants may come from a nursing facility or other institution (transition), or choose to participate in the waiver to prevent institutionalization (diversion).</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Adults age 18 and older with a physical disability • Eligible for nursing home level of care • Eligible for Medicaid Community-Based Long Term Care • Capable of living in the community with assistance from available supports and programs • Not participating in another HCBS waiver <p>http://www.health.ny.gov/facilities/long_term_care/waiver/nhtd_manual/</p>	<p style="text-align: center;">NHTD Regional Resource Development Center Unity Health System (585) 368-3562</p>

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<p>Personal Care Aide Program (PCA)</p> <p><i>(Through the Monroe County Dept. of Human Services' Home Care Services Unit)</i></p>	<p style="text-align: center;"><i>*Please contact individual programs for specific information</i></p> <p>Personal Care Aide Program (PCA) service is designed for personal care assistance to maintain a client's health and safety in his/her home. Personal care services may include housekeeping, shopping, laundry, meal preparation, bathing, dressing and toileting. An assessment determines the amount of aide service needed for the client to remain safe in the community and oversees the case maintenance.</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Eligible for Medicaid coverage • Physician's order • Must have need for services, based upon HCSU assessment <p><i>Note: Dual beneficiaries with both Medicare and Medicaid may not be eligible for this program, and may be directed to another waived program or to managed long term care. Exclusions/Exemptions may apply. Call Eldersource for details.</i></p> <p>http://www.health.ny.gov/health_care/medicaid/program/longterm/pcs.htm</p>	<p>Monroe County Department of Human Services Home Care Services Unit (HCSU) Intake Line (supported by Lifetime Care) (585) 214-1470</p>

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<p>Program of All-Inclusive Care for the Elderly (PACE)</p> <p><i>(Through the Monroe County Dept. of Human Services' Home Care Services Unit)</i></p>	<p style="text-align: center;"><i>*Please contact individual programs for specific information</i></p> <p>The Program of All-Inclusive Care for the Elderly (PACE) provides comprehensive long term services and supports to Medicaid and Medicare enrollees age 55 years and older. PACE is also a Managed Long Term Care option.</p> <p>An interdisciplinary team of health professionals provides individuals with coordinated care, including medical care, adult day programs, and care at home. The comprehensive service package enables participants to receive care at home rather than a nursing home.</p> <ul style="list-style-type: none"> • Adults age 55 and older • Eligible for Medicaid and/or Medicare and/or willing to pay privately • Determined to be in need of nursing home level of care of for at least 120 days • Capable of safely residing in the community with support services <p>http://www.health.ny.gov/health_care/managed_care/mltc/aboutmltc.htm</p>	<p style="text-align: center;">ElderONE/PACE <i>An affiliate of</i> <i>Rochester Regional Health</i> (585) 922-2831 www.elderONE.org</p>

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<p>Supports and Services for People with Developmental Disabilities</p> <p><i>(Through OPWDD - Office for People With Developmental Disabilities)</i></p>	<p style="text-align: center;"><i>*Please contact individual programs for specific information</i></p> <p>People with developmental disabilities can apply for OPWDD supports and services which allow them to remain in the community. Services can include habilitation services, respite care, service coordination, and adaptive technologies. Individuals, or their caregivers, guardians, advocates, or care coordinators who help them, may apply. While some services are funded through the county and/or state government, most are funded by the federal government through Medicaid.</p> <p>The New York State Office for People with Developmental Disabilities (OPWDD) now has the Front Door initiative. The new Front Door approach gives individuals who are seeking services for the first time or who are interested in modifying their current plans as many opportunities as possible to direct their own services.</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Diagnosis of a developmental disability • The disability has occurred before the person was 22 years of age • The disability can be expected to continue indefinitely, or permanently • The disability causes a substantial handicap to a person’s ability to function normally in society <p>http://www.opwdd.ny.gov/welcome-front-door/home</p>	<p style="text-align: center;">OPWDD Front Door</p> <p style="text-align: center;">Region 1-Finger Lakes</p> <p style="text-align: center;">(855) 679-3335</p> <p>Serving Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, Wyoming & Yates Counties</p>

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Traumatic Brain Injury (TBI) Home and Community-Based Services Medicaid Waiver	<p style="text-align: center;"><i>*Please contact individual programs for specific information</i></p> <p>The Traumatic Brain Injury Waiver is one component of a comprehensive strategy developed by the NYS Department of Health to prevent unnecessary entrances into nursing homes and to help individuals leave nursing homes to live in a community-based setting. The waiver provides Medicaid-funded services needed for participants to live in the community. Participants may be eligible for rent subsidies and housing supports.</p> <ul style="list-style-type: none"> • Diagnosis of Traumatic Brain Injury, or related diagnosis • Adults age 18-64 years of age • Be a Medicaid recipient • Eligible for nursing home level of care • Choose to live in the community with assistance from available supports and programs <p>http://www.health.ny.gov/health_care/medicaid/program/longterm/tbi.htm</p>	NHTD Regional Resource Development Center Unity Health System (585) 368-3356

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